

Fleggburgh - this whole area is known as 'Flegg Island' because it was an island in Roman times when sea levels were much higher and a wide estuary covered the land to the west.

- 1 **Clippesby Hall Holiday Park** - cycle hire centre (right); coffee shop.
Call 01493 367800 for opening times.
- 2 **Thurne** is a small riverside village. A short walk along the dyke leads to a restored mill and river views. Just outside the village is the church of St Edmund, King and Martyr. The 13th century tower has a 'squint hole' which may have been used to send messages to St Benet's Abbey, 1.5 miles across the marshes.
- 3 **Filby Broad** is one of the Trinity Broads which are not connected to the river system and are used as storage reservoirs by Essex and Suffolk Water. There is a boardwalk and bird hide on the north side of the broad.

